

■ Stage I Certification Exam (Alpine Ski/Snowboard/Telemark Ski)

- 【Examination Fee】** Examination Fee . . . free of charge
- 【Eligibility】**
- ① Desires to become a snowsport instructor (alpine skiing/snowboard/telemark ski) and will become 18 years old between April 2nd (on the year of the exam) and April 1st of the following year (candidates who are currently in high school are not eligible)
 - ② Has passed one of the following tests that is applicable:
 - Technical skill tests arranged by SIA or a certified SIA ski school
 - Semi-silver and above for the International Ski Technical Skill Test and Snowboard Technical Skill Test,
 - Bronze and above for the Telemark Ski Technical Skill Test
 - Technical tests arranged by other organizations
 - Ski Association of Japan Ski Badge Test Level 3 and above
 - Japan Snowboarding Association Badge Test Level 3 and above
 - Telemark Ski Association of Japan Level 1 and above.
 - ③ Able to submit a certificate for completing the following courses at a certified ski school:
 - technical skill training (4 hours)
 - instruction training (4 hours)
 - basic theory (2 hours)
 - *Full/registered members (who are certified in other disciplines) will be exempted from basic theory (2 hours)
 - *Each ski schools will be responsible for the planning and execution of the exam and
- 【Application】**
- ④ Able to submit a certificate issued by the director of the certified ski school that you belong to, showing that you are a registered member of the respective ski school.
 - ① Fill in the designated form with your own hand writing and signature. Attach a photo ID (2.4cm × 3cm) and submit to a certified ski school director.
 - * Photo should be taken facing the camera directly with no hat. Should be within half a year since taken. Your full name should be written on the back side.
- 【Steps After Certification】**
- ① The certified ski school should fill in the designated membership application form, sign and submit it with the annual membership fee of 6000 yen.
 - *Annual membership fee payment is not required for candidates who are already a full/registered member (who are certified in other disciplines)
 - ② The annual membership fee for the certified candidate will be for that fiscal year (October 1st thru September end of the following year)
 - ③ The President will issue a certificate and membership card to the candidates who have
- 【Technical Skill Test】** Passing Score will be 60 points or above for each skill
- ① Snow Plow Turn ② Basic Parallel Turn
 - <Snowboard Stage I>
 - ① Basic Turn ② Sliding Turn
 - <Telemark Ski Stage I>
 - ① Telemark Stem Turn ② Basic Telemark Turn
- 【Others】**
- ① The address that the certified candidate provides to SIA should be a location in Japan. If an address is not specified, the address of the certified ski school that the candidate belongs to will be registered.
 - ② The annual membership fee paid by the new member upon membership will be for the current fiscal year. From the following year an annual payment must be made by the end of September every year. Please note that if the member fails to pay the annual membership fee their qualification will no longer be effective.
 - ③ Once the candidate passes, they will become a policyholder of the comprehensive compensation system. Insurance coverage will start after their Membership Application Form and annual membership fee is received (*) *deadline is Wednesday every week. Coverage will start from the following Monday.

Check List for the Candidate

- | | |
|--------------------------|--|
| <input type="checkbox"/> | ① Fill out the "Candidate Entry Field" on the application form with your own handwriting, sign it and attach a photo ID (2.4cm × 3cm) |
| <input type="checkbox"/> | ② Attach a copy of the Technical Skill Test Certificate that shows your eligibility (② under eligibility) on the back side of the membership application form. |
| <input type="checkbox"/> | ③ *If you are a foreign citizen
Attach a copy of your passport on the back side of the membership application form. |
| <input type="checkbox"/> | ④ Submit the membership application form to a certified ski school director. |

Check List for the Certified Ski School

- | | |
|--------------------------|--|
| <input type="checkbox"/> | ① Fill in the test results in the "Examiner Entry Field" on the membership application form |
| <input type="checkbox"/> | ② Fill out the "Certified Ski School Entry Field" and stamp the membership application form. |
| <input type="checkbox"/> | ③ Submit the membership application form to SIA. *Certified candidates only |
| <input type="checkbox"/> | ④ Pay an annual membership fee of 6,000 yen for candidates who have passed.
* Payment not required for candidates who are already a full/registered member (who are certified in other disciplines) |

Professional Ski Instructors Association of Japan Stage I Membership Application Form

C a n d i d a t e E n t r y F i e l d s			M	not valid without photo and signature Photo 3×2.4	
	Name (in print)		.		
	Date of Birth (YY/MM/DD)		signature		F
	Name of the Certified Ski School that you belong to		currently _____ years old		
	Current SIA Certifications		() none () Registered Member () Full Member (Stage I in other disciplines) (Stage II or above in other disciplines)		
	Nationality		※ If you are a foreign citizen, fill in your passport number below.		
	Passport No.		Passport Expiry Date (YY/MM/DD)		
	Address in Japan (home address, etc. Your contact address)		〒 _____ Phone Number (_____)		
	Cell Phone		_____		
	E-mail		_____		
Discipline	() Alpine Skiing	() Snowboard	() Telemark Skiing		
Q u a l i f i c a t i o n s	International Ski Technical Skill Test () Super Gold () Gold () Semi-Gold () Silver () Semi-Silver	Snowboard Technical Skill Test () Gold () Semi-Gold () Silver () Semi-Silver	Telemark Ski Technical Skill Test () Gold () Silver () Bronze		
	Ski Association of Japan Ski Badge Test () Crown () Technical () Level 1 () Level 2 () Level 3	Japan Snowboarding Association () TECH. 3 () TECH. 2 () TECH. 1 () Level 1 () Level 2 () Level 3	Telemark Ski Association of Japan () Level 4 () Level 3 () Level 2 () Level 1		
		Ski Association of Japan Badge Test () Level 1 () Level 2 () Level 3			

E x a m i n e r e n t r y F i e l d s	実 技 検 定	実施日				
		会場				
		検定員				
		アルペンスキー	スノーボード	テレマークスキー		
		プルークボーゲン 点	初歩のターン 点	プルークテレマークターン 点		
		初歩の平行ターン 点	スライディングターン 点	基礎テレマークターン 点		
		合・否	合・否	合・否		

C e r t i f i e d	公認スキー学校所属証明書 実技・指導実習修了証明書 実技検定合格証明書	
	上記の者は、当スキー学校に所属し、所定の実技（4時間）・指導実習（4時間）・基礎理論（2時間）を修了し、実技検定に合格していることを証明いたします。	
	年 月 日 校長名： 印	

Philosophy of SIA

1. The Professional Ski Instructors of Japan, hereinafter SIA, is the sole professional organization in Japan that bears the purpose to provide technical instruction for all snowsports, inclusive of skiing.
2. The purpose of SIA is to continuously foster technique and instruction methods to allow everyone, regardless of young or old, male or female, physically challenged or not, to "enjoy snowsports in a safe manner" throughout their life by providing snowsport instruction standing by the motto of "Safe Snowsports SIA"; to develop and enhance gear and equipment; and preserve the environment.
3. The goal for SIA will be to endeavor and make efforts towards proper and healthy development of the youth in our country by promoting collaboration amongst all snowsport instructors and developing friendly ties with other sport organizations, domestically and internationally.

Objectives of SIA

1. All members belonging to SIA shall fully embrace the exceptional beauty and harshness of the vast outdoors; appreciate that co-existence with mother nature is an invaluable, precious reality that is common to all humanity; and proactively raise awareness of this significance so that it is communicated extensively amongst succeeding generations.
2. The members of SIA shall be aware that they are the best-in-class chosen to carry out the purpose stated in the preceding paragraph and at the same time take notice that snowsport instruction as a whole, inclusive of skiing, is the most ideal "lever" to provide a more encompassing, more profound, more enjoyable and more substantial life for everyone.

3. The members of SIA shall show excellence in technique and instruction for all snowsports and at the same time, as a member of the society, should diligently study history, politics, economics, education, arts, etc., to target to become a competent individual that is well versed in all fields.

4. Centering around the ski area, the members of SIA shall proactively deepen their interaction with the local community, strive to find a path to exist and prosper in unison with the local community and contribute by making efforts towards invigorating the local area.

SIA STAGE I HANDOUT FOR ON BOARD CLINIC

BY QUALIFICATION COMMITTEE OF EDUCATIONAL DEPARTMENT



PROFESSIONAL SKI INSTRUCTORS ASSOCIATION OF JAPAN

- **PHILOSOPHY OF SIA** P6
- **SIA MEMBER KNOWLEDGE** P7
- **INSTRUCTOR'S LICENSE SYSTEM OF SIA**
(DOCUMENT ATTACHED)

BASIC MANNERS OF SNOW SPORTS INSTRUCTORS CUSTOMER SERVICE

P101

- **KEEP IN MIND TO GIVE "WARM" HOSPITALITY**
 - **DEVISE NOT TO BE "COLD" SERVICE**
 - **MANAGEMENT OF SERVICE**
 - **MANNER IS COURTESY, REI-GI**
- REI IS THOUGHTFULNESS AND CONSIDERATION**
- GI IS FORM AND BEHAVIOR**
- **IMAGINE WHAT THE CUSTOMER MAY THINK OR FEEL AND**
 - **ALWAYS OPERATE WITH ATTENTION TO THOSE AROUND YOU.**
 - **AND BE COURTEOUS AT ALL THE TIMES**

- **BASICS OF MANNER IS,**

COMBINATION DEPENDS ON THE SITUATION.

WE SHOULD KEEP IN MIND TO GIVE CUSTOMER GOOD SERVICE,

TO GET KNOW THE MANNERS DEPENDS ON THE SITUATION,

LEARN THE WAY HOW TO SPEAK PROPERLY FOR ANSWERING THE PHONE CALLS AT THE FRONT DESK, SENDING EMAILS WITH PROPER WORDING, OTHER THAN CONVERSATIONS.

- 1. GREETINGS GREETING IS THE FIRST CONTACT WITH CUSTOMERS,HEART TO HEART UNDERSTANDING WILL BE OCCUR**
- 2. APPEARANCE APPEARANCE IS IMPORTANT FOR INSTRUCTORS. DRESS SMART AND TIDY, WEAR UNIFORMS PROPERLY**
- 3. EXPRESSION EYE CONTACT AND GOOD SMILE AN EXPRESSION SUITABLE FOR THE OCCASION ACCORDING TO THE CUSTOMER'S SITUATION**
- 4. WORDING LEARN SIMPLY POLITE LANGUAGE, RESPECTFUL LANGUAGE, HUMBLE LANGUAGE AND SNOW SPORTS TERM THAT EASY TO BE UNDERSTOOD BY CUSTOMERS**
- 5. ATTITUDE CONSCIOUSLY LEARN A PROMPT BEHAVIOR, GOOD POSTURE AND ACTION DAILY BASIS**
- 6. NAMES DUTY OF INSTRUCTOR IS THAT REMEMBER ALL THE GUEST'S NAME AND CALL BY THEIR NAME**
- 7. TIMES THE LESSON WILL PAY FOR ITS QUALITY AND TIME.BE PUNCTUAL FOR RULES AND TIMES**

HOW TO TEACH CHILDREN AND WHAT SHOULD BE CAREFUL ABOUT

P102-105

- **GIVE CHILDREN OPPORTUNITY LEARNING KINDNESS AND MANNERS THROUGH SNOW SPORTS**
- **WAY TO TALK AND ACCORDING TO THEIR AGE**
- **IMPORTANT POINT OF TEACHING CHILDREN**
 - **CONSIDERATION FOR GOING TOILET DURING LESSON, DO NOT LET THEM FAILURE**
 - **CONSIDERATION FOR NOT MAKE THEM SCARED, TAKE THEIR MIND OFF**
 - **ENTERTAIN THEM, STAY FOCUSED**
 - **PREPARE FOR THE TEMPERATURE DIFFERENCE AND ACT DEPENDING ON THE WEATHER**
 - **SAFETY FIRST ANYTIME ANYWHERE, PREVENT INJURIES**

TEACH UNDER THE CONSIDERATION OF STUDENT'S PHYSICAL FEATURES

- **TEACH UNDER THE CONSIDERATION OF STUDENT'S PSYCHOLOGICAL, PHYSICAL, PROUD SPORTS KINDS, TIMING TO GO TO TOILET, COLD WEATHER, BREAK, LEVEL OF GROUP**
 - **2~4YEARS OLD 4~6YEARS OLD 7~10YEARS OLD 10~12YEARS OLD**
 - **BOYS AND GIRLS**
 - **THE LESSON FOR WHOM GOOD AT GYMNASTICS AND FOR WHOM NOT GOOD AT GYMNASTICS**

TEACHING EDUCATIONAL TRIP (SCHOOL TRIP)

P106-P108

- **SIGNIFICANCE OF EDUCATIONAL SNOW SPORTS TRIP**

THE BIG GOAL OF EDUCATIONAL SNOW SPORTS TRIP IS, NOT ONLY ABOUT LEARNING SNOW SPORTS TECHNIQUE, BUT ALSO, A GROWTH OF MENTAL AND PHYSICAL WITH GOOD BALANCE, DEVELOP INDIVIDUALITY THROUGHOUT GROUP BEHAVIOR, TO GROW THE HUMAN RELATIONSHIP AND BETTER STYLE OF LIFE AS ONE AS A MEMBER OF SOCIETY AND GROUP, TO IMPROVE ATTITUDE OF INDEPENDENTLY AND PRACTICALLY, TO RAISE AWARENESS HOW TO LIVE AS HUMAN BEING, TO DEVELOP MAKING USE OF STUDENT'S ABILITY

THE FACT OF DOING SNOW SPORTS HAS SNOW-SPECIFIC DANGER, IT IS NECESSARY TO RECOGNIZE FOR BOTH TEACHING AND LEARNING SIDE THAT RECKLESS UNCONTROL SPEED AND SELFISH BEHAVIOR CAN BE CAUSED TO INJURE YOURSELF AND PEOPLE AROUND

- **WE NECESSARY TO GRASP OF ACTUAL CONDITION WHY EACH SCHOOL HOPE TO COME TO SKI AREA FOR HAVING LESSONS TO DO THEIR SCHOOL EDUCATIONAL TRIP**

- **EDUCATIONAL TRIP / THE THINGS WHICH INSTRUCTOR NEEDS TO KEEP IN THEIR MIND FOR TEACH SAFETY**
- **TO KNOW WHAT THE STUDENT'S CONDITIONS ARE (PRIOR INFORMATION)**
- **TO CHOOSE THE SLOPE THAT SUIT FOR STUDENT'S LEVEL OF SKIING (SLOPE, SLOPE ANGLE, SNOW CONDITION AS SO ON)**
- **NOT TOO HARD SCHEDULE FOR FIRST DAY ON SNOW (THE STUDENT MOST LIKELY TRAVELED LONG HOURS AND THEY PROBABLY TIRED BEFORE THE LESSON STARTS)**
- **OBSERVE EACH STUDENT AND IF THEY ARE TIRED, COLDNESS, NECESSARY TO GIVE THEM A BREAK DURING THE LESSON**
- **INSTRUCTORS ARE NECESSARY TO CARE THE WHOLE GROUP IF THERE IS A PERSON FALL OVER, OUT OF LINE,**
- **VARIETY OF PROBLEMS OR NOT**
- **MAKE SURE IF THE COURSES ARE ALL CLEAR AND SAFE (SUCH AS COURSE JUNCTION, SLOPE ANGLE DIFFERENCE, ACROSS THE SLOPES), DO SAFETY CHECK EVERY TIME**
- **GATHER STUDENTS AT THE SIDE OF THE SLOPE (GUIDE THE STUDENTS TO THE SAFETY AREA WITHOUT OBSTRUCT THE OTHER SKIERS)**
- **INCREASE STUDENT'S MOTIVATION (SET A GOAL, LEARN A TECHNIQUE, ACHIEVE THE GOALS AND ALL THIS MAKE STUDENTS HAVE SELF-CONFIDENCE AND EMOTION. INSTRUCTORS SHOULD KEEP IN THEIR MIND THAT GIVE THE STUDENTS LESSON TO COME BACK ON SNOW AGAIN FOR DOING SPORTS)**

FOR BETTER QUALITY OF SERVICE AND SAFETY SNOW SPORTS INSTRUCTING

- **UNDERSTANDING OF THE SKI SLOPES OF EACH SKI AREAS, LIFTS, RULES OF THE AREAS**
- **UNDERSTANDING OF THE FACILITIES (SUCH AS BATHROOM)**
- **TAKING CARE OF INJURED STUDENTS AND FOR TEACHES AND INSTRUCTORS ALSO**
- **OTHER THAN THAT, NECESSARY THING TO GIVE LESSON AT EACH SKI AREAS AND UNDERSTANDING WHAT IS NECESSARY FOR THE LESSON THAT YOU ARE RESPONSIBLE FOR**

「Safety snow sports SIA」

CONTENT OF SNOW SPORTS INSTRUCTOR'S QUALIFYING EXAMINATION OF SIA

- **ALPINE SKI/SNOWBOARD/TELEMARK SKI/INSTRUCTOR STAGE I**
 - **(CERTIFIED INSTRUCTOR BY SIA)**
- **ALPINE SKI INSTRUCTOR STAGE II · III · IV (FULL MEMBER OF SIA)**
- **SNOWBOARD INSTRUCTOR STAGE II · III · IV (FULL MEMBER OF SIA)**
- **TELEMARK SKI INSTRUCTOR STAGE II · III · IV (FULL MEMBER OF SIA)**

【QUALIFYING EXAMINATION OF SIA】

	Stage I	Stage II	Stage III	Stage IV
Eligibility Requirements for Examination	<ul style="list-style-type: none"> · AP/SB=equal level of SemiSilverMedal · TM=equal level of BronzeMedal 	Stage I or better than SilverMedal	Stage II	Stage III
Acceptance Standard	Same level of SemiSilverMedal	Same level as SilverMedal	Same level as SemiGoldMedal	Same level as GoldMedal *
Venue of examination	Each school and each branch	Each branch and headquarters	Each branch and headquarters	Headquarters (SIA Festival)
Practical Skill training by	Stage IV level or more	Examiner	Examiner	Examiner
Examination of skills	yes	yes	yes	yes
Examination of basic theory	non	yes	yes	yes
Affiliation	SIA Official Snow Sports School	SIA Official Snow Sports School	SIA Official Snow Sports School	SIA Official Snow Sports School
Possible level to teach	First Timer~Beginner	Up To Intermediate	Up To Intermediate/Advanced	All Levels
Possible to examine	non	Up To BronzeMedal	Up To SilverMedal	Up to GoldMedal
Obligation of unit acquisition	non	yes	yes	yes
Obligation of taking first aid course	non	yes	yes	yes

※*For Stage I (Certified instructor by SIA) examination, it is possible to apply at official SIA snow sports school with helping by translator.

※*The examination of Alpine Ski Instructor Stage II (English) will be held at SIA festival in early April

ALPINE SKI INSTRUCTOR

Qualification	Details of examination		
Alpine Ski Instructor	Stage I	Basic Theory	No examination, 2 hours clinic only
		Teaching Skills	No examination, 4 hours teaching practice only
		Skating Skills	◦ Snowplow Turns ◦ Basic Parallel Turns
	Stage II	Basic Theory	◦ Teaching skills needed for up to Intermediate/Examination skills for up to Bronze Medal ◦ Understanding as an instructor ◦ Composition
		Teaching Skills	◦ Build up teaching plan ◦ Teach Individually ◦ Teaching up to intermediate ◦ Evaluation after the teaching
		Skating Skills	◦ Snowplow Turns ◦ Stem Turns ◦ Long Radius Parallel Turns ◦ Basic Short Radius Parallel Turns
	Stage III	Basic Theory	◦ Foreign Language ◦ Dynamics ◦ First Aid ◦ Technical Instruction Method ◦ Theory of Snowy Mountains Safety Measure ◦ Teaching up to intermediate (Skiing for disabled people) ◦ Exam will be done at Skiing Skills Test Part ◦ Transition of Snow Sports ◦ Theory of Instructors/Technical Examination (ISIA Medals)
		Teaching Skills	◦ Build up teaching plan ◦ Teach Individually ◦ Group Teaching ◦ Teaching up to Intermediate/Advanced ◦ Evaluation after the teaching
		Skating Skills	◦ Long Radius Parallel Turns ◦ Short Radius Parallel Turns ◦ Free Skiing ◦ Racing (experience)
	Stage IV	Basic Theory	◦ Foreign Language ◦ Current Status of Snow Sports Industry ◦ Theory of Training/Basics and Specialty ◦ Conditioning ◦ Technical Instruction Method ◦ The Knowledge for Skiers of Mountain Weather and Avalanche ◦ Exam will be done at Skiing Skills Test Part ◦ Theory of facility and management ◦ Theory of Skiing Technique
		Teaching Skills	◦ Build up teaching plan ◦ Teach Individually ◦ Group Teaching ◦ Teaching for All Levels ◦ Evaluation after the teaching
		Skating Skills	◦ Long Radius Parallel Turns ◦ Short Radius Parallel Turns ◦ Free Skiing ◦ Giant Slalom Racing

SNOWBOARD INSTRUCTOR

Qualification	Details of examination		
Snowboard Instructor	Stage I	Basic Theory	No examination, 2hours clinic only
		Teaching Skills	No examination, 4hours teaching practice only
		Snowboarding Skills	◦ Basic Turns ◦ Sliding Turns
	Stage II	Basic Theory	◦ Teaching skills needed for up to intermediate/Examination skills for up to Bronze Medal ◦ Understanding as an instructor ◦ Composition
		Teaching Skills	◦ Build up teaching plan ◦ Teach Individually ◦ Teaching Groups ◦ Teaching up to intermediate
		Snowboarding Skills	◦ Basic Turns ◦ Long Radius Turns ◦ Short Radius Turns ◦ Fakie Turns
	Stage III	Basic Theory	◦ Foreign Language ◦ Dynamics ◦ First Aid ◦ Technical Instruction Method ◦ Theory of Snowy Mountains Safety Measure ◦ Teaching up to Intermediate(Snowboarding for disabled people) ◦ Exam will be done at Skiing Skills Test Part- ◦ Transition of Snow Sports ◦ Theory of Instructors/Technical Examination(ISA Medals)
		Teaching Skills	◦ Build up teaching plan ◦ Teach Individually ◦ Group Teaching ◦ Teaching up to Intermediate/Advanced ◦ Evaluation after the teaching
		Snowboarding Skills	◦ Long Radius Turns ◦ Short Radius Turns(movement with both legs) ◦ Free Run ◦ Air
	Stage IV	Basic Theory	◦ Foreign Language ◦ Current Status of Snow Sports Industry ◦ Theory of Training/Basics and Specialty ◦ Conditioning ◦ Technical Instruction Method ◦ The Knowledge for Skiers of Mountain Weather and Avalanche ◦ Exam will be done at Skiing Skills Test Part- ◦ Theory of facility and management ◦ Theory of Snowboarding Technique
		Teaching Skills	◦ Build up teaching plan ◦ Teach Individually ◦ Group Teaching ◦ Teaching for All Levels ◦ Evaluation after the teaching
		Snowboarding Skills	◦ Short Radius Turns(Including Ungroomed Slope) ◦ Free Run ◦ Switch&Fakie ◦ Air ◦ gate training

TELEMARK SKI INSTRUCTOR

Qualification	Details of examination		
Telemark Ski Instructor	Stage I	Basic Theory	No examination, 2 hours clinic only
		Teaching Skills	No examination, 4 hours teaching practice only
		Telemark Skiing Skills	◦ Stem Telemark Turns ◦ Basic Telemark Turns
	Stage II	Basic Theory	◦ Teaching skills needed for up to intermediate/Examination skills for up to Bronze Medal ○ Understanding as an instructor ○ Composition
		Teaching Skills	○ Build up teaching plan ○ Teach Individually ○ Teaching Groups ○ Teaching up to intermediate
		Telemark Skiing Skills	○ Basic Telemark Turns ◦ Back Step Turns ◦ Long Radius Telemark Turns ◦ Short Radius Telemark Turns
	Stage III	Basic Theory	○ Foreign Language ○ Dynamics ○ First Aid ○ Technical Instruction Method ○ Theory of Snowy Mountains Safety Measure ◦ Teaching up to intermediate (Telemark Skiing for disabled people) -Exam will be done at Skiing Skills Test Part- ◦ Transition of Snow Sports ◦ Theory of Instructors/Technical Examination (ISIA Medals)
		Teaching Skills	◦ Build up teaching plan ○ Teach Individually ◦ Group Teaching ◦ Teaching up to Intermediate/Advanced ○ Evaluation after the teaching
		Telemark Skiing Skills	○ Front Step Turns ○ Long Radius Telemark Turns ◦ Short Radius Telemark Turn ◦ Free Telemark Skiing
Stage IV	Basic Theory	○ Foreign Language ○ Current Status of Snow Sports Industry ○ Theory of Training/Basics and Specialty ◦ Conditioning ◦ Technical Instruction Method ○ The Knowledge for Skiers of Mountain Weather and Avalanche -Exam will be done at Skiing Skills Test Part- ◦ Theory of facility and management ◦ Theory of Telemark Skiing Technique	
	Teaching Skills	◦ Build up teaching plan ○ Teach Individually ◦ Group Teaching ◦ Teaching for All Levels ○ Evaluation after the teaching	
	Telemark Skiing Skills	◦ Long Radius Telemark Turns ◦ Short Radius Telemark Turns ◦ Free Telemark Skiing (Control: Rhythm Change needed) ◦ Free Telemark Skiing (Including Ungroomed Slope) ※ Gate training	